

# Volunteer Opportunities

## White Pony Express

- Volunteers needed for food distribution to help sort food to be delivered across Contra Costa County.
- 3380 Vincent Road, Pleasant Hill, CA 94523
- Monday-Saturday: 8:00-11:00 AM, 9:00-12:00 PM
- Sundays: 8:30-11:00 AM, 9:00-12:00 PM, 1:45-3:15 PM
- Visit: <http://www.whiteponyexpress.org/volunteer/>
- Must be at least 12 year old. Orientation or training required.

## Building Hope

- Together we build house frames and deliver them to at-risk kids and families in a case-managed process that provides adequate housing to severe situations.
- All over the Bay Area
- Email: [info@citiimpact.org](mailto:info@citiimpact.org)

## VITAS Healthcare of East Bay

- VITAS is looking for kind and caring people to help terminally ill patients and their families. Friendly visits, simple errands, providing a listening ear and the gift of friendship at a crucial time can make a real difference in another's life.
- Alameda/Contra Costa County
- Visit: <https://www.vitas.com/contact-us/become-a-volunteer>
- Required: background check, must be at least 15, orientation or training, 2-4 hours a week

## The Leshner Theater

- Volunteering as an usher for The Leshner Theater.
- 1601 Civic Dr, Walnut Creek
- At least one performance a month.
- Visit: <http://www.lesherartscenter.org/volunteer-usher-program.html>
- Must attend a training session.

## Walnut Creek Library

- Volunteering at the Downtown Walnut Creek Public Library.
- During the summer, which can turn into a year-round position.
- Pick up a volunteer packet at the Library or download one at <https://tinyurl.com/ECL18Volunteer>
- Mandatory Training Session.
- Must not be graduating.

### **Tice Creek Elementary**

- Help young elementary school children through activity stations during a celebration for the Tice Creek Students.
- Every June.
- Call: (925)951-3993

### **The Creek**

- Help WCI middle School Student with homework, cooking groups, crafts, board games, outside games, and more.
- Walnut Creek Intermediate and Foothill Middle School, Walnut Creek
- Monday-Thursday between 2:30pm-6:00pm
- Call: (925)9524603
- Email: [Wciteenyouthcenter@gmail.com](mailto:Wciteenyouthcenter@gmail.com)

### **Kaiser Permanente**

- Volunteering in Kaiser Permanente Hospital.
- Go to <https://volunteer-nca.kaiserpermanente.org/> for more information.
- One four hour shift once a week. 100 hour total commitment
- [https://kp.samaritan.com/custom/502/#/volunteer\\_registration](https://kp.samaritan.com/custom/502/#/volunteer_registration)

### **Las Lomas Peer Tutor**

- Tutor Las Lomas students struggling with a certain subject.
- Fill out Peer Tutor Sign-up Sheet found in the College and Career Center.
- Receive A's or B's in the subject you wish to tutor in.

### **Walnut Creek Police Department**

- You will be a Law Enforcement Explorer. This means you will be experiencing first hand what a job in law enforcement is like.
- Required 8 hours a month
- Pick up an application from the Walnut Creek Police Department (1666 North Main Street, Walnut)
- Call: (510)943-5881 for questions
- Have a clean police record, have a GPA above 2.5, attend training sessions, and be between the ages of 15-21.

### **John Muir Hospital**

- Volunteering At John Muir Hospital 3 hours a week, will be working all the way through your junior year.
- Ask Mrs. Fuller in the College and Career Center for a sign up sheet.
- Must be at least 14 1/2, Freshman in their second semester through juniors in their first semester, 3.0 GPA, and must want to have a career in healthcare.

### **Volunteering at a 5k run**

- Handing out pizza, sign in runners, direct runners, and make sure park stays clean along run path.
- Heather Farm Park
- Every May.
- Call: (925)628-4599

### **Cancer Support Community**

- Activities along the Route - playing musical instruments, singing, dancing, basically entertainment.
- Cheerleaders/ Directional volunteers along the route: dress up in uniforms or fun costumes, bring signs of encouragement, horns, fun! And make sure people stay on the route!
- Heather Farm Park
- Every May.
- Email: [clouisell@cancersupport.net](mailto:clouisell@cancersupport.net)

### **Francis in the Schools**

- The preparations for these will begin in late March, and include two-hour shifts for cookie decorating, wrapping, preparing fresh flowers, or helping with decorations.
- 11 White Horse Court
- Every April.
- Email: [volunteers.fis@gmail.com](mailto:volunteers.fis@gmail.com)
- Call: 925-708-7459

### **Parkmead Elementary**

- Setting up for the school auction

### **Walnut Creek Community Service Day**

- Dozens of service projects across the City.
- Every October.
- <http://www.walnut-creek.org/about-us/community-resources-programs/community-service-day>